

CEILIDH DANCE INSTRUCTION

Circassian Circle

Formation: Large circle round the room, ladies on the right of their

partner.

Music: 32 bar Reels.

Bars: Description

1-4: Hands joined in a circle, all advance for four steps,

retire for four steps.

5-8: Repeat.

9-12: Drop hands, ladies advance (clap) and retire.

13-16: Men advance (clap) and retire

17-24: Men face, set to and spin partners

25-32: Gay Gordons hold, ladies on the outside, promenade

around the room (do NOT reverse) and finish with man moving backwards into the circle with new partner on

his left.

Repeat ad lib.